

**DR. SILKY SHARMA, RDH, Ed.D**

*Continuing Education has never been more essential  
to elevating periodontal care.*



# **SPEAKER PACKET**

**Continuing Education Courses for Dental Professionals**

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Dr. Silky Sharma’s programs integrate advanced clinical expertise with evidence-based dentistry to deliver case-driven, immediately applicable strategies that elevate diagnostic accuracy, improve patient outcomes, and drive practice growth.

## Areas of Expertise

- Periodontology • Implant Maintenance
- Advanced Instrumentation • Glycine Powder Air Polishing
- Non-Surgical Periodontal Therapy
- Periodontal Classification • Local Anesthesia
- Oral-Systemic Connection • Patient Communication
- Hygiene Program Development
- Evidence-Based Decision Making
- Case-Based Seminars

## PERIODONTAL ASSESSMENT & DIAGNOSIS

### ***"Periodontology and Implant Maintenance for General Practice"***

Evidence-Based Strategies for Diagnosis & Care

### ***"Decoding Periodontal Classification Using a Case-Based Approach"***

Master the 2017 AAP/EFP Classification System

### ***"Diagnose Disease for Non-Surgical Periodontal Therapy"***

Identify, Treat & Stabilize Periodontitis with Confidence

## ADVANCED INSTRUMENTATION

### ***"Advanced Instrumentation: Hands-On Workshop for NSPT"***

Kits Sponsored by Hu-Friedy Group • 3 or 6 hours

### ***"Advanced Instruments for Scaling and Root Planing: Creating Your Essential Kit"***

Build Your Toolkit for Superior Periodontal Outcomes

### ***"Power Pairing for Periodontal & Implant Maintenance"***

Integrating GPAP, Ultrasonics & Advanced Instrumentation

## EVIDENCE-BASED PRACTICE & MAINTENANCE

### ***"From Research to Practice: Evidence-Based Updates in NSPT"***

Critically Appraised Research on Today’s Adjunct Procedures

### ***"Mastering Re-Evaluation in Non-Surgical Periodontal Therapy – Now What?"***

A Systematic Approach to Post-Therapy Decision-Making

### ***"Comprehensive Review: Implant Maintenance & Glycine Powder Air Polishing"***

Apply the 2023 Implant Maintenance Guidelines

## PATIENT CARE & COMMUNICATION

### ***"Painless Precision: A Guide to Deliver Effective Local Anesthesia"***

Step-by-Step Techniques for Profound Anesthesia

### ***"Connecting the Dots: The Oral-Systemic Connection"***

Bridging Oral Health and Systemic Disease

### ***"Enhancing the In-Office Perio Program for the Entire Dental Team"***

A Practical Framework for Team-Based Perio Care

### ***"Communicate with Confidence: Driving Acceptance for Periodontal Care"***

Master Provider-Patient Communication

# Periodontology and Implant Maintenance for General Practice

## *Evidence-Based Strategies for Diagnosis and Care*

Designed for dental professionals, this course delivers critically appraised, evidence-based strategies for accurate periodontal and peri-implant diagnosis. It provides a chronological overview of the assessment phase of care, including identifying, diagnosing, communicating, treating, and stabilizing periodontitis through non-surgical periodontal therapy.

The course also reviews the latest 2023 implant maintenance guidelines, focusing on prevention, early detection, and management of peri-implant conditions – empowering clinicians to confidently apply current standards in everyday practice.



## Learning Objectives

- Describe the components of a comprehensive periodontal assessment phase.
- Apply the 2017 AAP/EFP classification system to stage and grade periodontitis.
- Differentiate between periodontal and peri-implant disease classifications.
- Develop evidence-based treatment plans aligned with the latest implant maintenance guidelines.

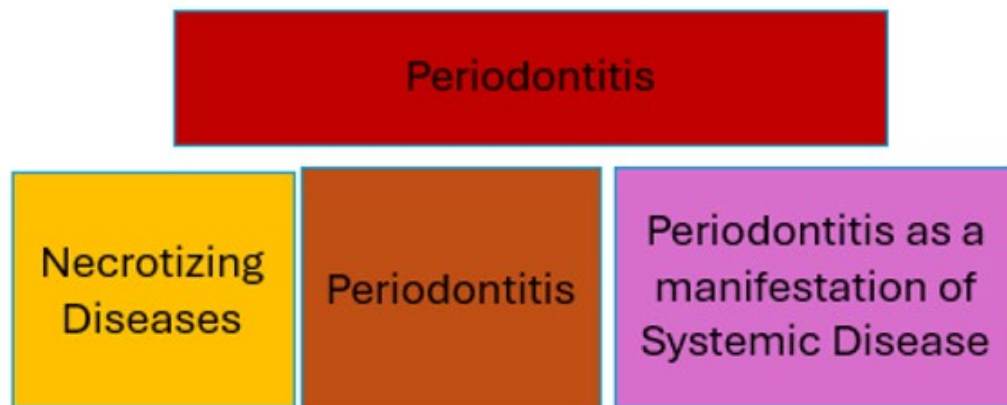
**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Full or Partial Day • Lecture or Workshop

# Decoding Periodontal Classification Using a Case-Based Approach

## Master the 2017 AAP/EFP Classification System

This course provides dental professionals with a profound comprehension of the periodontal classification system and its application through a case-based approach. Diverse case studies are used to distinguish various stages and grades, supported by rationales grounded in the criteria of the new classification system.

Attendees are immersed in the intricacies of periodontal diseases, guided through various stages and offered practical insights into decoding complex cases through real-world examples — building diagnostic confidence one case at a time.



**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Full or Partial Day • Case-Based Lecture

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## Learning Objectives

- Define the key components of the 2017 periodontal classification system.
- Explain the nuances of different classifications and their application for treatment planning.
- Develop skills in extracting case information, assessing risk factors, and identifying classification.
- Apply case-based learning by analyzing and interpreting diverse periodontal cases.

# Diagnose Disease for Non-Surgical Periodontal Therapy

## *Identify, Treat & Stabilize Periodontitis with Confidence*

Designed for dentists and hygienists, this course offers critically appraised, evidence-based information on identifying signs and symptoms of periodontal disease. It provides chronological information on the assessment phase of care to develop steps for identifying, treating, and stabilizing periodontitis utilizing non-surgical periodontal therapy.

From the role of biofilm to risk-factor identification, attendees will leave with a clear, structured framework for early detection and effective treatment planning.



## Learning Objectives

- Explain the different levels of evidence and the role of biofilm in periodontal destruction.
- Discuss the components of a comprehensive periodontal assessment.
- Identify the signs of periodontal disease and the most effective ways to control oral biofilm.
- Identify risk factors for periodontitis and evaluate each component of assessment.

**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Full or Partial Day • Lecture

# Advanced Instrumentation: Hands-On Workshop for NSPT

## Avoid Burnishing — Remove Calculus Effectively

★ Kits Sponsored by Hu-Friedy Group • 3 or 6 hours

This course provides dental providers with a comprehensive review of advanced instrumentation to avoid burnishing and effectively remove calculus during Non-Surgical Periodontal Therapy. Attendees engage in hands-on activities using typodonts to adapt over forty advanced instruments.

The content incorporates discussions on dental anatomy and periodontal assessment to determine the best options for advanced instruments, with emphasis on reviewing different types of advanced instruments for safe and effective calculus removal during patient care.



**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Hands-On Workshop • 3 or 6 hours

## Learning Objectives

- Review the components of a comprehensive periodontal assessment.
- Review dental anatomy related to periodontal instrumentation for NSPT.
- Identify designs of advanced instruments and perform hands-on adaptation on a typodont.
- Identify various advanced instruments and ultrasonic tips to efficiently remove calculus.

# Advanced Instruments for Scaling and Root Planing: Creating Your Essential Kit

## *Build Your Toolkit for Superior Periodontal Outcomes*

This course focuses on advanced instruments essential for performing high-quality scaling and root planing (periodontal debridement). The content highlights several advanced instruments and their design features, allowing for a comprehensive understanding of their unique strengths.

A case study is utilized to integrate the application of instruments to enhance and achieve superior periodontal treatment outcomes — helping clinicians curate a kit that fits the demands of modern hygiene practice.



**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Lecture or Workshop • 2 to 6 hours

## Learning Objectives

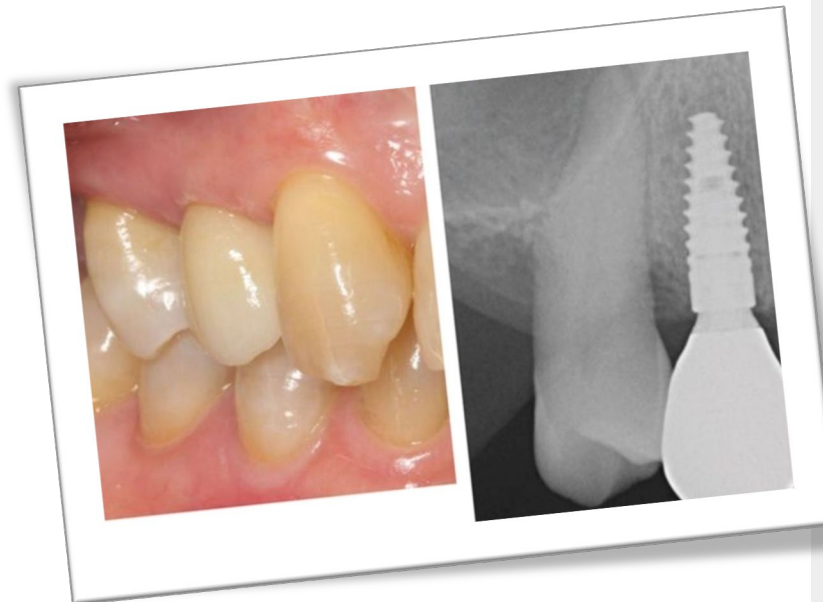
- Explain the components of Evidence-Based Decision Making (EBDM) and levels of evidence.
- Describe key advanced hand instruments used in scaling and root planing.
- Identify the design of instruments to determine their appropriate clinical applications.
- Identify advanced instruments to remove calculus efficiently and remove burnished calculus.

# Power Pairing for Periodontal & Implant Maintenance

## *Integrating GPAP, Ultrasonics & Advanced Instrumentation*

This course explores evidence-based strategies for periodontal and implant maintenance through the intentional integration of technology and technique. Subgingival glycine powder air polishing is highlighted using clinical cases and videos.

The program includes a focused comparison of magnetostrictive and piezoelectric ultrasonics. The session concludes by reinforcing the power of pairing advanced instrumentation with intentional technology use to enhance efficiency and patient outcomes.



## Learning Objectives

- Describe Evidence-Based Decision Making principles and their relevance to maintenance.
- Explain the clinical rationale and mechanism of action of subgingival glycine powder air polishing.
- Differentiate magnetostrictive and piezoelectric ultrasonic technologies based on movement and adaptation.
- Integrate air polishing, ultrasonics, and advanced hand instrumentation to improve efficiency and outcomes.

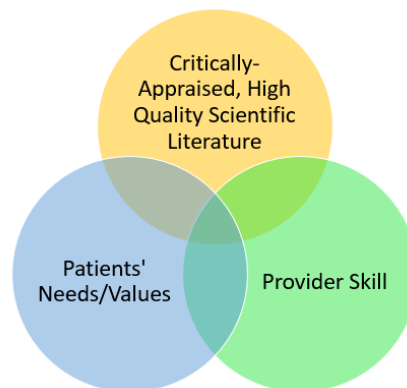
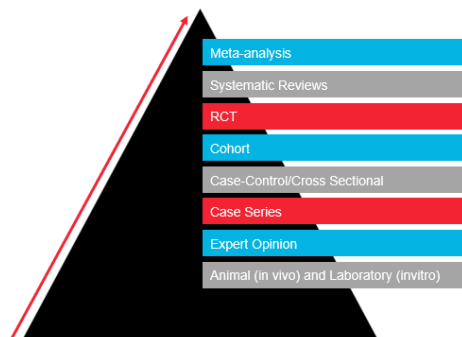
**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Full or Partial Day • Lecture

# From Research to Practice: Evidence-Based Updates in NSPT

## Critically Appraised Research on Today's Adjunct Procedures

This evidence-based course provides current information on various procedures and products related to NSPT. Content includes the most current research and guidelines, providing valuable insight into effectively treating and stabilizing periodontal disease.

Topics covered include oral hygiene, antibiotics with SRP, ultrasonics versus hand scaling, glycine powder air polishing, magneto vs. piezo, lasers with non-surgical therapy, irrigations, antimicrobials, and Perio Protect — giving attendees a clear, research-backed roadmap.



## Learning Objectives

- Explain the different levels of evidence and components of EBDM.
- Review the fundamentals of various adjunct procedures used during NSPT.
- Discuss the latest critically appraised research and current guidelines on each adjunct procedure.
- Critically analyze the efficacy of adjunct procedures and synthesize comprehensive treatment plans.

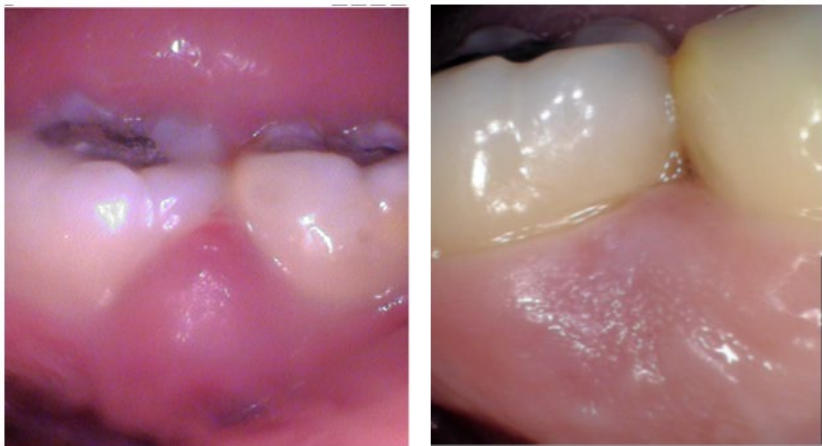
**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Full or Partial Day • Lecture

# Mastering Re-Evaluation in Non-Surgical Periodontal Therapy — Now What?

## *A Systematic Approach to Post-Therapy Decision-Making*

This case-based course is designed for dental providers and focuses on the knowledge and skills essential for assessing the effectiveness of non-surgical periodontal therapy. It discusses a systematic approach to treatment planning, grounded in the findings of the re-evaluation process.

Clinicians will learn to make informed decisions about additional therapy or referrals and to effectively monitor patients for ongoing periodontal maintenance — ensuring long-term stability and patient success.



**Suggested Audience:** Dentist, Dental Hygienist, Full Team

**Suggested Format:** Case-Based Lecture • 2 to 4 hours

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## Learning Objectives

- Review the re-evaluation steps in NSPT and their role in long-term periodontal health.
- Discuss critical clinical and radiographic parameters used to assess therapy effectiveness.
- Discuss the principles of successful non-surgical periodontal therapy outcomes.
- Develop a systematic treatment-planning approach based on re-evaluation findings.

# Comprehensive Review: Implant Maintenance & Glycine Powder Air Polishing

## Apply the 2023 Implant Maintenance Guidelines

This course reviews the 2023 implant maintenance guidelines and provides an in-depth review of glycine powder air polishing. Attendees learn how to identify and manage peri-implant diseases and apply AAP guidelines to evaluate implant health and disease.

The session also covers glycine air polishing techniques, equipment care, and the advantages over traditional methods, providing practical insights that translate directly into daily practice.



## Learning Objectives

- Identify characteristics of peri-implant health, mucositis, and peri-implantitis using the 2018 AAP Classification.
- Review the 2023 implant maintenance guidelines from the associations.
- Define key terminology, indications, contraindications, and techniques for effective glycine powder air polishing.
- Discuss patient education strategies to improve compliance and enhance maintenance outcomes.

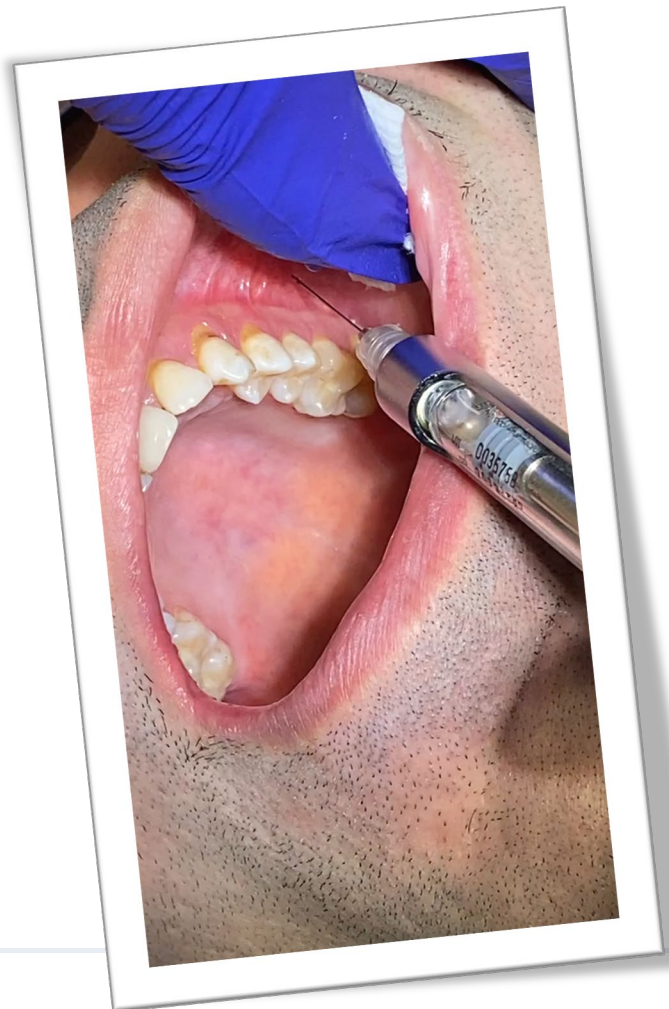
**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Full or Partial Day • Lecture

# Painless Precision: A Guide to Deliver Effective Local Anesthesia

## Step-by-Step Techniques for Profound Anesthesia

This course utilizes a series of videos and is designed for dental providers looking to refresh their basic knowledge of administering local anesthetic techniques. It provides step-by-step guidance and in-depth knowledge of administering local anesthetics to achieve profound anesthesia.

Through video illustrations, attendees revisit injection landmarks, insertion sites, and pharmacology – building both confidence and consistency in delivering pain-free care.



**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Video-Based Lecture • 2 to 4 hours

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## Learning Objectives

- Review the trigeminal nerve focusing on maxillary and mandibular branches.
- Review the local anesthetic armamentarium.
- Identify landmarks, insertion sites, needle depth, and amount of anesthetic for each injection.
- Discuss step-by-step techniques for: PSA, MSA, ASA, IO, GP, NP, IAN, B, Lingual, Mental/Incisive injections.

# Connecting the Dots: The Oral-Systemic Connection

## *Bridging Oral Health and Systemic Disease*

Stay at the forefront of emerging research that bridges the gap between oral health and systemic diseases. This course uncovers the connections between oral health and a range of systemic conditions, including diabetes, smoking, cardiovascular disease, preterm births, osteoporosis, Alzheimer's, and obesity.

Explore the pivotal role of inflammation in these interactions and gain insights into the latest evidence-based strategies for patient education and engagement.



## Learning Objectives

- Describe the pathophysiology of diabetes, smoking, cardiovascular disease, and other systemic conditions.
- Describe periodontal disease in relation to these systemic conditions.
- Describe periodontal pathogens and their association with systemic conditions.
- Discuss strategies to increase patient compliance through systemic-oral health education.

**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Full or Partial Day • Lecture or Keynote

# Enhancing the In-Office Perio Program for the Entire Dental Team

## *A Practical Framework for Team-Based Perio Care*

This course provides a practical framework for implementing a perio-focused hygiene program that enhances clinical outcomes and patient compliance. Topics include the role of each team member, evidence-based assessment, periodontal classification, treatment planning using the guidelines, and communication techniques that facilitate patient conversations.

This case-based seminar offers a practical framework for elevating the standard of periodontal care within the hygiene department and the entire team.



**Suggested Audience:** Full Dental Team

**Suggested Format:** Full or Partial Day • Case-Based Seminar

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## Learning Objectives

- Identify each team member's role in creating a perio-focused, patient-centered program.
- Discuss structured assessment strategies and apply periodontal classifications to ensure accurate diagnosis.
- Develop customized treatment plans aligned with clinical findings and guidelines.
- Demonstrate communication methods that increase patient understanding and compliance.

# Communicate with Confidence: Driving Acceptance for Periodontal Care

## Master Provider–Patient Communication

This course focuses on mastering provider–patient communication to improve acceptance of periodontal therapy. Learn practical strategies to address concerns, build trust, and convey the value of treatment to inspire action and enhance oral health outcomes.

From handling objections to articulating treatment value, attendees walk away with a communication playbook they can apply on Monday morning.



**Suggested Audience:** Dentist, Dental Hygienist, Full Team  
**Suggested Format:** Lecture or Keynote • 2 to 4 hours

## Learning Objectives

- Identify effective communication techniques to foster patient trust.
- Address and overcome common objections to periodontal therapy.
- Clearly explain the benefits of non-surgical periodontal treatment.
- Implement strategies to boost case acceptance and patient adherence.

# Course Formats & Booking

*Flexible delivery, tailored to your team*

**01**

## **Flexible Duration**

Programs available in formats from 2 to 8 hours to fit your schedule and CE requirements.

**02**

## **In-Person or Webinar**

Delivered live on-site or virtually, with hands-on workshops available where applicable.

**03**

## **Customizable Content**

Courses can be combined or tailored to focus on the topics most relevant to your team.

*Note: All courses can be offered individually or in combination, and customized for your team.*

*Ready to book a course for your team?*

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# Thank You

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Dr. Silky Sharma, RDH, Ed.D

*I'd love to bring one of these courses to your team.*

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